wondr™ | NECA

Ever wonder what it would be like to lose weight and have more energy?

Wondr™ is a skills-based digital weight-loss program offered by IBEW Local 124 Health and Welfare—at no cost to you*—that has helped hundreds of thousands of people in different stages of health:

- Lose weight
- Feel their best mentally and physically
- Use practical, clinically proven health skills that become life skills

Get started today.

Learn more at wondrhealth.com/IBEW124

*Restrictions and eligibility info can be found at wondrhealth.com/IBEW124

Chaz N.
Education Coordinator

Lost 77 lbs
Gained Energy

BEFORE

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