

Blue KC is proud to offer members a health plan with **exclusive access to Spira Care Centers.**

I.B.E.W. Local Union No. 124 Health & Welfare Fund has contracted with Blue Cross and Blue Shield of Kansas City to provide exclusive access to Spira Care Centers, giving you access to simple, more personal, advanced primary care for newborns, infants, children, adolescents, adults and seniors.

A Spira Care Center is just around the corner.

Spira Care Centers and doctor-led Care Teams offer a wide range of advanced primary care services for newborns, infants, children, adolescents, adults and seniors.



Doctor-Led Care Teams

- Physicians
- Physician Assistants
- Nurse Practitioners
- Behavioral Health Consultants
- Diabetes Care Specialists
- Health Coaches
- Care Guides



Advanced Primary Care

- Routine Preventive Care
- Adult & Pediatric Primary Care
- Chronic Medical Condition Management
- Behavioral Health Consultations
- Guided Care
- Health Coaching
- Diabetic Education
- Digital X-Rays** and Routine Lab Draws**
- Attentive Care Coordination
- Sick Care and Injuries*



Pediatric Care

- Well-Child
- Age-appropriate screening, growth and development tracking
- Immunizations,**including flu shots
- Diagnosis and management of childhood illness
- Care of chronic conditions
- Behavioral health in adolescents
- Healthy habits coaching
- Care of the youth athlete

* Your health coverage through any of the Blue KC plans cannot be used for an on-the-job or work-related injury or illness.

** All services provided at Spira Care Centers are based on your primary care needs only and must be ordered by a member of the Spira Care Team. This includes digital x-rays, routine labs and immunizations. Orders by a specialist or someone outside of the Care Center cannot be completed or fulfilled at Spira Care Centers. Digital x-rays are available at all Care Centers except Lee's Summit and Liberty.

Spira Care has nine convenient locations across the Kansas City metropolitan area!



Monday-Thursday: 7:30 AM – 6:30 PM (all locations)

Friday: 7:30 AM – 5 PM (all locations)

Saturday: 8 AM – Noon (Crossroads, Overland Park, Shawnee & Tiffany Springs)

Sunday: Closed (all locations)

Appointments Required
Hours Subject to Change



Meet the Spira Care Teams.
Hear patient testimonials.
Learn more at SpiraCare.com

Differentiated Patient Experience

Are there costs associated with services at Spira Care Centers?

The short answer is no. When Health and Welfare Funds contract with Blue KC to offer exclusive access to Spira Care Centers, participants will incur no additional cost for appointments or services at Spira Care Centers.

No additional cost means you will not be billed for any appointments or services at Spira Care Centers.

Personalized benefits for Union participants with a plan with exclusive access to Spira Care Centers.

- In-person and virtual care appointments
- Online communications with your Care Team
- Help understanding your plan's network
- Referrals and scheduling for in-network specialists
- On-site health coaching and diabetes education
- Extended hours including evenings and weekends for appointments
- Access to Care Guides for benefits and care questions

Our Spira Care Story

We continue to evolve this Advanced Primary Care model to meet the needs of patients.

2023 – Today 9 Locations

- Independence
- Lee's Summit
- Overland Park
- Tiffany Springs
- Wyandotte
- Crossroads
- Shawnee
- Liberty
- Olathe

QUINTUPLE AIM

- Care-Team Well-Being
- Health Equity
- Reducing Costs
- Population Health
- Differentiated Patient Experience

2018 – Opened First Care Center

2015 – Initiative Began



Kansas City



SPIRA CARE™

[SpiraCare.com](https://www.SpiraCare.com)

For more information about your plan benefits contact your fund administrator.