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**LOCAL UNION No. 124 I.B.E.W.**  
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**IBEW LOCAL UNION #124  
WELLNESS BENEFITS  
IMPORTANT INFORMATION  
February 14, 2017**

**The IBEW Local Union No. 124 Health and Welfare Fund will continue the annual requirement of a biometric screening and an online health risk assessment (HRA). By completing both the required (HRA) and biometric screening by OCTOBER 31, 2017, the participant and spouse will have a \$175.00 deductible for 2018, if these are not completed, the participant and spouse will have a \$525.00 deductible for 2018.**

In an attempt to help the participants of the IBEW Local Union #124 Health and Welfare Plan comply with the requirements of the Plan, **Blue Cross and Blue Shield of Kansas City** has been contracted to offer on-site health screening and host a wellness program website.

Coming soon, the new **A Healthier You** wellness portal! As of **April 1, 2017**, members will have access to the wellness program, **A Healthier You**, accessed on [MyBlueKC.com](http://MyBlueKC.com).

The IBEW Local Union #124 Health and Welfare Plan will be providing onsite screening events per the schedule below.

- Saturday, April 8, 2017 8:00am to 1:00pm
- Saturday, May 6, 2017 8:00am to 1:00pm
- Saturday, July 15, 2017 8:00am to 1:00pm
- Saturday, August 19, 2017 8:00am to 1:00pm
- Saturday, September 16, 2017 8:00am to 3:00pm
- Saturday October 21, 2017 8:00am to 3:00pm

Please be on the lookout for more communications on how to complete your screening and online Health Risk Assessment in March.

**IMPORTANT REMINDER: CHILDREN, MEDICARE PRIMARY ELIGIBLE RETIREES AND MEDICARE PRIMARY ELIGIBLE SPOUSES ARE EXEMPT FROM THE SCREENING AND HRA. FEEL FREE TO CALL THE BENEFIT CENTER WITH ANY QUESTIONS. THE ULTIMATE GOAL OF THE PLAN IS FOR OUR MEMBERS TO BE HEALTHIER AND HAPPIER.**